CASE REPORT

Talon Cusp/Dens Evaginatus of Anterior Teeth: A Case Report of A Developmental Dental Anomaly

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ABSTRACT:
Developmental anomalies affecting the teeth are often seen in the oral cavity. Abnormalities in the physiological processes of tooth development lead to these anomalies. Talon cusp or dens evaginatus of anterior tooth is one of the dental anomalies affecting the shape of a tooth, in which an accessory cusp like structure projects from the cingulam area or cementoenamel junction.

Key words: Talon cusp, Dens evaginatus, Lateral incisor

Introduction
Dens evaginatus is one of the developmental anomalies affecting the shape of teeth having a tuberdelike extra cusp either on lingual or occlusal surface of teeth. This anomaly was first reported on the lingual surface of a maxillary central incisor by Mitchell in 1892.

As dens evaginatus of anterior tooth resembled the shape of an eagle's talon it was termed as talons cusp by Mellor and Ripa. Review of literature showed that talon cusp has been referred by several terms like exaggerated cingula, additional cusp, cusp hyperplasia and accessory cusp. It may occur alone or in association with other dental anomalies like bifid cingula, exaggerated cusp of carabelli, dens invagintus and in particular shovel shaped maxillary incisors. Here we report a case of talon cusp affecting maxillary left lateral incisor.
CASE REPORT:

A female patient of 20 years old approached a private dental clinic with a complaint of malposed upper left tooth (Figure 1). On examination, 22 was buccally placed and revealed presence of one extra cusp on its lingual surface (Figure 2). The cusp extended from cingulum to 3/4th of the crown length and has a talon like appearance. Radiographically the extra cusp or talon cusp appeared like a normal tooth consisting enamel, dentin and a horn of pulpal tissue extending into the cusp (Figure 3). Occlusal view and OPG also showed the presence of a talon cusp overlapping the lateral incisor (Figure 4). Her family history was negative. No other dental anomalies were observed. As the extra cusp caused occlusal interference, we planned for gradual reduction of the cusp in successive visits with fluoride application each time.

DISCUSSION:

Talon cusp apart from showing its structure resembling to an eagles talon, it can also appear like a pyramid or conical in shape.4, 5 An extra cusp like structure on a tooth to be called as a talon cusp, it should extend at least 1mm or more beyond Cemento-Enamel Junction (CEJ) or half the distance from CEJ to the incisal edge.6

Prevalence of talon cusp has been found to be less than 1% of population.1 Review of the literature showed that the incidence of talon cusp in the permanent and primary dentition was 75 % and 25 % respectively. It generally has a predilection for the maxilla. Most frequently involved teeth were maxillary central incisors followed by lateral incisors and the canines. It showed a male preponderance (65%). Majority of the cases seen were unilateral, whereas 1/5th of cases were bilateral.2,9 The present case was a female patient with talon cusp on left maxillary lateral incisor.

Talon cusp may occur either alone or along with other anomalies like mesiodens, odontome, unerupted or impacted teeth, peg shaped maxillary incisors, dens invaginatus, cleft lip and disordered nasal alae, gemination, fusion and supernumerary teeth.4, 10-12 This patient did not showed any other dental anomaly apart from talon cusp. Generally a tooth with talon cusp is wider mesiodistally and thicker labio-lingually than other teeth.11 Talon cusp is found to be more common in patients with syndromes like Rubinstein-Taybi syndrome, Mohr syndrome and Sturge-Weber syndrome.14

The precise aetiology of talon cusp is not well-known, but it is suggested that a combination of genetic and environmental factors may play a vital role in its formation. It is considered to arise during the morpho-differentiation stage of tooth development, as a result of out folding of the enamel organ or hyper productivity of the dental lamina. Few studies have shown that altered endocrine function during morpho-differentiation may affect the size and shape of the tooth without impairing the function of ameloblasts and odontoblasts. This anomaly has been reported to be associated with parental consanguinity.3, 13

Hattab et al classified talon cusps into 3 types based on the degree of cusp formation and its extension,

**Type1 (Talon):** where the additional cusp projects from the palatal surface of an anterior tooth and extends at least half the distance from the CEJ to the incisal edge.

**Type 2 (semi talon):** where the additional cusp is one mm or more in length but extends less than one half the distance from the CEJ to the incisal edge.

**Type 3 (trace talon):** which manifests an enlarged and prominent cingula.1, 6

Based on the above classification, the present case is of type1.

The clinical problems seen in patients with talon cusps comprise of stagnation of food, caries, periapical lesions, irritation of tongue during speech and mastication, other soft tissue irritation, breast feeding problems, compromised aesthetics, occlusal interference which may lead to accidental cusp fracture, displacement of the affected tooth, temporomandibular joint pain, and periodontal problems because of excessive occlusal force.6

Radiographically, a talon cusp appears similar to that of a normal tooth, presenting with radiopaque enamel and dentin with or without extension of
Figure 1: Extra-oral view showing malposed upper left tooth.

Figure 2: Intra-oral view reveals presence of one extra cusp on its lingual surface of 22.

Figure 3: IOPA showing extra cusp or talon cusp consisting enamel, dentin and a horn of pulpal tissue extending into the cusp of 22.

Figure 4: Occlusal view showing the presence of a talon cusp overlapping the lateral incisor (22).

pulpal tissues. It looks like a V shaped structure superimposed over the normal image of the crown. When the tooth is unerupted, a radiographic talon cusp may resemble mesiodens, compound odontoma, supernumerary tooth or a dens invagination, hence should be included in differential diagnosis.6

The complications of talon cusp are broadly categorized into aesthetic, diagnostic, functional, and pathological. A large talon cusp poses aesthetic problems. It might present diagnostic problems if it is unerupted and resembles a supernumerary tooth or a compound odontome and so result in unnecessary surgical procedures. Functional complications comprise of occlusal interference, trauma to the lip and tongue, speech problems and displacement of teeth. The deep grooves which join the cusp to the tooth may act as retentive areas for plaque and debris, develop into carious tooth and may consequently cause periapical pathology. Talon cusp may also cause minor problems such as speech disturbances, accidental cuspal fracture, tongue irritation and periodontal problems due to extreme occlusal forces.12 Our patient complained of occlusal interference and esthetic problems.
Management of talon cusp depends on individual presentation and resulting complications. Small talon cusps generally are asymptomatic and hence need no treatment. Talon cusps with deep developmental grooves need simple prophylactic measures such as fissure sealing and composite resin restoration. If it causes occlusal interference, the bulk of the cusp should be gradually and periodically reduced followed by application of topical fluoride such as Duraphat or Acidulated Phosphate Fluoride (APF) gel in order to reduce sensitivity as well as to stimulate reparative dentine formation for pulp protection. In some cases with extreme occlusal problems, total reduction of the cusp should be carried out followed by calcium hydroxide pulpotomy or completely reduce the cusp, extirpate the pulp and root canal therapy is carried out. When talon cusp results in tooth displacement or mal-alignment of affected or opposing teeth orthodontic correction should be done.3, 11, 15

REFERENCES: